

Personal Study

(1) Read Psalm 51:10-12. In the same style of David, write out your own personal prayer for renewal, making sure to address those areas in your spiritual life where you sense the greatest need: _____

(2) Read Romans 12:1-2. In your own words, describe the relationship between the renewed mind and understanding the will of God: _____

(3) Read Revelation 2:1-6. What does Jesus instruct the church in Ephesus to do in order to regain their first love? _____

(4) Read 2 Corinthians 4:16-18. Give three reasons from this passage why daily internal renewal is so important for our spiritual health: _____

(5) Read Hebrews 10:23-25. Why should we regularly meet with other Christians? _____

(6) Read John 4:23-24. In the context of this passage, what point is Jesus making to the woman at the well? _____

Personal Application

(1) At what times in your personal life do you feel your walk with God becoming stale and dry? _____

(2) What consequences do you experience in your life when you are going through the motions spiritually without any passion? _____

(3) When you are in a spiritually dry season in life, what do you do in order to find spiritual refreshment and renewal? _____

(4) What did you learn from Calvin's life and theology that most challenged your thoughts about spiritual renewal? _____

(5) What do you think is more dangerous, a heart for God without a mind for God OR a mind for God without a heart for God? Why? _____

(6) What are you going to do differently in the next week so that you make sure to spend daily, regular time reading and studying God's Word for yourself? _____
